

How you can benefit from Hypnotherapy and NLP:

Phobia cures

Allergy treatment

Weight issues

Free from tobacco

Past life regression

Childhood regression

Sexual issues

Confidence

Enhanced learning

Overcoming fears

Comfortable childbirth

Abundance issues

Sleep assistance

Exam nerves

Stress management

Sports Performance



Be the best

Hypnotherapy, NLP and Coaching are not substitutes for medical and/or mental health treatment.

Both are complimentary therapies that enhance good health care practises and can promote faster healing and personal growth. It is suggested that you also seek an appropriate healthcare professional for any ailment you may have.

Appointments available evenings and weekends at no extra cost!

Visit our transformation studio or have therapy in the comfort of your own home.

GHR
REGISTERED
General Hypnotherapy Register

<http://www.stateofhypnosis.com>

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Hypnotherapy, NLP
& Life Coaching

Phoenix Transformational Therapy



<http://www.stateofhypnosis.com>

Tel: 0845 123 2631

Phoenix Transformational Therapy



Through a combination of Hypnotherapy, Neuro-Linguistic Programming and ancient knowledge, you can transform your life.

Hypnosis is an altered state of mind, a state of deep relaxation that allows you to access your sub-conscious mind to make rapid and lasting changes.

Be at the top, overcoming all obstacles. It helps *you* take charge of your life and gives you the power to make the life

changes you most desire. It can be applied to almost any mental, behavioural, emotional and physical change that you want.

Hypnotherapy and NLP can be used in any aspect of your life, from phobia's and allergies, to aiding you in becoming Free From Tobacco in just 1 hour!

Other applications of Hypnotherapy include pain management, irritable bowel syndrome, sexual problems, and weight control.

Often, issues are due to events in the past that have been blocked from our conscious minds. Healing can take place simply by remembering these events. Hypnosis allows you to recall these events to the conscious mind without excessive trauma, allowing you to deal with them and move on. Hypnosis can also be used to visit past lives to deal with any unresolved issues.

Neuro-Linguistic Programming

Neuro-Linguistic Programming, or NLP for short is the science of using language to program your brain. It was developed in the 1970's from Hypnotherapy and a variety of other therapies.

NLP allows for radical and rapid change through language and the way your brain processes and reacts to information. NLP is used in the treatment of phobias and allergies, in many cases allowing a cure to be performed in a single hour session.

What Should I Expect?

Your initial 30 minute consultation is free, where you will learn more about the therapy and decide what approach is best for you. You are under no obligation to take up therapy after this.

Each session typically lasts an hour, during which time you will enter a state of relaxation and your sub-conscious mind begins to work for you.

Depending on your requirements, you may need a series of sessions to fully work through your needs. Certain treatments, such as Free From Tobacco, phobias and allergies are generally treated in a single 1 hour session.

Not all treatments will require hypnosis, and all work is private and confidential. Depending upon your needs, you may also get a CD containing a self-hypnosis program to further enhance the therapy.

These CD's are available for separate purchase from <http://www.musicforchange.com>.

"The only limits are those you choose to accept"

Mythconceptions of Hypnotherapy

During the session, if hypnosis is applied, you are never under the control of the therapist. The therapist only provides suggestions to you, and you implement them and choose which ones to accept.

Through hypnosis you cannot be made to do anything you do not want to do. Even though you are in a state of relaxation, your morals and conscience are never bypassed.

During hypnosis, you will be in a state of deep relaxation, and you can always bring yourself out of that state if you need to. No one has ever been stuck in a trance state in the history of hypnosis.

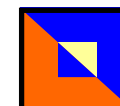
You can harness the power of Hypnosis and NLP to bring about the changes you desire in your life



Jason Johns CMH, DHyp, CPNLP is a Hypnotherapist and Practitioner of Neuro-Linguistic Programming. He combines these modern techniques with ancient wisdom to provide a unique approach to empowering you to transform your life.

Jason is available for private consultation or to speak at your events. He is also able to offer corporate stress management training, tailored to your specific needs.

Please phone, email, or write for more information or to book your appointment. Free initial half hour consultation.



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